

## PSHE/RSHE at Bosmere Community Primary School.



At Bosmere we teach focused PSHE/RSHE lessons using the 'Jigsaw' Scheme. Jigsaw brings together Personal, Social, Health and Economic education, emotional literacy, social skills and spiritual development (including mindfulness) through a series of 'puzzle pieces' (lessons).

Designed as a whole school approach, Jigsaw provides a comprehensive and progressive scheme of learning for Foundation Stage to Year 6. Every year group covers the same 'piece' of the Jigsaw at the same time, introduced in an online Zoom assembly at the beginning of each half term. These are:

- Being me in my world (Autumn 1)
- Celebrating Difference (Autumn 2)
- Dreams and Goals (Spring 1)
- Healthy Me (Spring 2)
- Relationships (Summer 1)
- Changing Me (Summer 2)

Due to the recent Lockdown at Bosmere School we are using parts of an additional Jigsaw package to reconnect with our children during PSHE. We will be covering parts of Dreams and Goals and Healthy Me within the second part of Spring term.