

Weekly Wednesday - 1st February 2023

Dear Parents/ Carers,

We really hope all the children enjoy and get involved in Wellbeing Week next week and that they are looking forward to trying some new activities.



Dates for the Diary.... Please look on the school website for any dates/ details. Why not scan the QR code to take you straight there.

Day	Date	Time	Notes
Wednesday	1st February	3.25pm-3.55pm	First Wednesday (Only for classes that are open today please)
	6th -10th February		Wellbeing Week (See full details on page 3 and emailed home)
Wednesday	8th February		No Tuck - UKS2
Thursday	9th February		No Tuck - UKS2
Thursday	9th February	8pm	PFA Meeting at The Rampant Horse Inn
Friday	10th February	3.25pm	After School Awesome Snacks - Donations from Y1/2 & EYFS
	13th-17th February		Half Term
	22nd - 23rd February		Parent Consultations - More details to follow
Thursday	2nd March		World Book Day - More details to follow

Apple & Google Pay Are Here on Arbor

Payments on Arbor have gotten even better, giving you more flexibility to pay. Payments plus now includes both Apple & Google Pay.



Arbor Meals

Please be reminded to chose your child's meal choice, in advance, by logging into the Arbor portal/ all. You also record if your child is bringing a packed lunch from home. Children in reception/ nursery classes, will not be asked meal choices each morning, so it is important that you have recorded their choice, please. We are on Spring 1 menu for this half term, and Spring 2 for after half term. Thank you for your assistance in this matter and if you need any assistance with this, please talk to the school office who will be able to assist.

Staff Car Park

Please may we remind parents that the staff car park should not be used by parents to drop off/ collect your child (unless you are displaying a blue disability badge). This includes users of our breakfast and after school club. Thank you.



Contact Details-Polite Reminder

Please ensure we have the most up to date contact details for at least 2 points of contact for your child. Should any of your details change please immediately inform the office, either in person, or via our email: admin@bosmere.suffolk.sch.uk. Thank you.

PFA can be contacted at pfa@bosmereprimary.net Parent Forum can be contacted at parentforum@bosmereprimary.net



Word Of The Week

Our new 'Word of the week' with a definition that families might like to chat, think or use in conversation at home



Invention - something, typically a process or device, that has been invented.
plural noun: **inventions**

Attendance Headlines

Attendance for week ending 27th January 2023: 94.7% ↓

Attendance of school year to week ending 27th January 2023: 94.8% →

Online Safety Update: Building Cyber Resilience At Home



A free online safety guide on Cyber Resilience. In the last couple of decades, the volume of online traffic has increased exponentially – but, by and large, people’s awareness of the accompanying risks hasn’t grown along with it. To illustrate the scale of the issue, consider this: a report by the Internet Crime Complaint Centre found that, in the US during 2020, there was a successful cyber-attack every second. Yes: every second. Criminals continue to find new and devious ways to attempt to hijack our online transactions and harvest our private information. To them, the smart devices that many of us now use as standard at home are simply a convenient back door into our lives – and our networks. Check out our #WakeUpWednesday guide for advice on beefing up your household’s cyber resilience. [In this guide](#) you'll find tips on a number of potential risks such as how to use a password manager, how to back up your data and how to check for breaches.

Read on for Wellbeing Week details.....

Wellbeing Week 2023

We are pleased to be able to confirm the details for our wellbeing week.

On **Monday 6th February** (during the school day) we are focusing on 'giving.' We are asking all children in **KS2 to give/donate a small toy, book or puzzle** that they have outgrown. They will then set up a sale for EYFS and KS1 children to buy. We would therefore ask that all children in **Early Years and KS1 bring in £1**. This money will then be collected by the KS2 children who will donate it to the local food bank, (St John's Pantry), thus everybody is giving to a greater cause.

On **Wednesday 8th February** (3.30pm start) Craft & Moore have kindly offered to run a Sand Art craft session for parents and children. This will be a half hour crafting session at a reduced cost of **£2.00 per child**. (Booking has now closed for this event)

On **Thursday 9th February** (3.30pm start) we have a "poundfit" session for parents and children. I believe this involves drumming and lots of fun. (<https://poundfit.com/>). This session will only be able to run dependent upon interest. The cost of this session is **£5 per family**. **Please remember to bring 2x wooden spoons or drum sticks with you for each person attending**. (Booking has now closed for this event)

On **Thursday 9th February** (4pm start) we are also going to be joined by Rachel (SEN specialist) and Sonia (Child Development specialist) who will be running a question and answer drop in session for parents. They will cover issues such as emotional wellbeing, sleep problems, incontinence/ toileting, puberty, diet, challenging behaviour and any other concerns you may have.

For those workshops that are chargeable, please bring cash and pay the provider on the day.

We hope it will be a fun week that will help to fortify the wellbeing of all in our community.